

RYAN SCHMID, PRESIDENT

Ryan Schmid is the founder of Vera Whole Health, where he served as president and CEO until Vera and Castlight Health combined to become apree health in 2022. Ryan is passionate about transforming our country's reactive sick care system into the life-giving, life-empowering industry it was meant to be. He strongly believes health, as defined by the World Health Organization, is a "...state of complete physical, mental, and social wellbeing, and not merely the absence of disease of infirmity." And he believes that empathy must be at the foundation of this new, transformed healthcare system. Ryan is also the co-founder of Hope Central Pediatric and Behavior Health and Rainier Health and Fitness, nonprofits dedicated to improving the health and wellbeing of people in low-income areas. Ryan earned an MBA at Seattle University and a BS from the University of Oregon.