



Dr. Rakers serves as the Chief Medical Officer of Next Level Health & Wellness at Next Level Medical, providing management and oversight of 6 onsite employee health clinics along with PRIME, Next Level's innovative advanced primary care model. Employers contract with Next Level to enroll their employees and covered dependents in PRIME which allows members unlimited access to Next Level for primary care, preventive care, chronic disease management, urgent care, care navigation, health coaching, and counseling services using combination of virtual and in person care at our network of clinic locations, all at no cost to the patient. Under these programs she has delivered and directed healthcare to employee groups since 2016. Prior to working at Next Level, Dr. Rakers worked for many years as a primary care physician and is passionate about preventive medicine and chronic disease management. She also serves on the board of directors of the Houston Business Coalition on Health. Dr. Rakers earned her medical degree from Saint Louis University School of Medicine in St. Louis, Missouri and then completed a family medicine residency at MacNeal Hospital in Berwyn, Illinois. She is certified by the American Board of Family Medicine.