



A primary care benefit with proven benefits

One Medical is a national primary care practice focused on providing exceptional care that fits into real life. We combine human-centered design, smart use of technology, salaried providers, and 24/7 access to care in a membership-based model.

One Medical currently operates over 200 locations across more than 20 U.S. markets. By making it easier and more enjoyable to get care, we help organizations keep their teams happier and healthier — and lower healthcare costs.



A modern benefit for physical and mental health



Fast access to in-person care

Same/next-day appointments that start on time and aren't rushed, at convenient locations in many U.S. cities, drop-in onsite lab services, and more.



24/7 on-demand virtual care

On-demand Video Chat and messaging with compassionate, world-class providers — available nationwide claim-free with our app — as well as easy online prescription and renewal requests.



Remote Visits

Scheduled primary care visits with an employees' chosen provider, done over video for a wide array of physical and mental health issues.



Specialty care coordination

Referrals to in-network providers at leading health systems with easy access to specialists and digital record sharing for better longitudinal care.



Integrated behavioral health

Mindset by One Medical integrates evidence-based behavioral health solutions, including wellness groups, within primary care to address whole-person health.



Chronic care management and prevention

Impact by One Medical combines longitudinal hightouch care, education, and health navigation with an integrated technology platform to help employees manage their chronic conditions and avoid the onset of new ones.



We work with 8,500+ organizations of all shapes and sizes



Keep your team and your CFO happy

Happier, healthier teams

90

NPS¹

90th

percentile in HEDIS quality scores²

43%

reduction in anxiety levels³

Better access, better experience

51%

of visits booked same day⁴

2min

average lobby wait time⁵

76%

of employees say One Medical improved their opinion of their employer⁶

Lower cost

8%+

savings in total cost of care⁷

41%

fewer ER visits⁸

97%

generic Rx powered by our algorithms⁹

“Benefits like One Medical are no longer a nice to have. It gives companies a competitive edge to attract and retain their employees.”

Evangeline Mendiola, Head of Global Benefits, Zendesk

1 — Experience and Engagement data from One Medical 2017-2018, 15 largest clients. 2 — Quality and Value scores compared with 423 practices from a health plan's Primary Care Medical Home (PCMH) program. 3 — One Medical internal data primary research, reduction of median GAD-7 scores for members who participated in Wellness Series. 4 — Experience and Engagement data from One Medical 2017-2018, 15 largest clients. 5 — 2018 One Medical Service & Operations Report. 6 — Experience and Engagement Member Survey from One Medical 2019. 7 — Case study - Client: Professional Service Company. Customer since 2015, currently covering 23k lives across all One Medical markets. 8 — CareFirst PCMH Ranking of Overall Performance Report, 2018. 9 — Internal data. For common conditions.

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